



Resources for Reflection

Note:

- Resources for reflection (including Critical Incident Report, Developing a Case Study, Journaling and Journal Summaries, Questions for Theological Reflection, Preaching Response Form, Time Log Samples, Verbatim Reports, and Wesley Quadrilateral) are available on the CCS website – www.ccsonline.ca
- <http://ccsonline.ca/resources/student-resources/field-kit/>

RESOURCES FOR REFLECTION

There are various tools that can be used to aid reflective learning on experience. The Spiral Model for Theological Reflection is one. Other resources, available on the CCS website (under [Student Resources/Field Kit](#)), are:

- Critical Incident Report
- Developing a Case Study
- Journaling and Journal Summaries
- Questions for Theological Reflection
- Time Log Samples
- Verbatim Report
- Wesley Quadrilateral
- Preaching Response Form

In the field placement setting, the reflection resources can be employed during sessions with:

- Learning Facilitators
- Diaconal/Vocational Mentors
- Local Committees.

They provide concrete methods for:

- Reporting and being accountable
- Deliberating and examining areas for consideration
- Focusing and naming new learning.

Spiral Model of Theological Reflection

Action/Reflection Learning Model in Theological Education

Concrete Experience (C. E.)

DESCRIBE AN EXPERIENCE

- meaningful
- impactful (+ or -)
- an “aha” (insight)
- one specific activity
- one concept

Active Experimentation (A.E.)

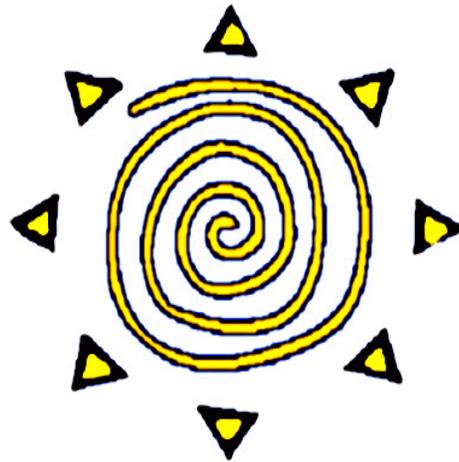
HOW CAN I ACT?

- In what situations can I test this understanding/insight /awareness?
- Are there follow-up actions I need to take in terms of relationships (e.g. addressing conflict)?
- How would I adapt/modify my behaviour or actions in the future?
- What blocks and supports are there to action?
- What alternative strategies are there for action?
- What are the implications (for me/others) in not taking action?
- What reading/research/resources can I discover for more depth and understanding?
- What skills/knowledge/values do I need to acquire?

Reflective Observation (R. O.)

EXPLORE EMOTIONS AND SENSES

- My feelings/behaviour/ leadership
- What did I see and hear in the environment of the setting?
- How I saw/see others in this experience?
- How do I perceive others see themselves?
- What are the tensions in me/others/the situation?
- How does this experience affirm my prior assumptions /ideas/skills/experience /knowledge?
- How does this experience unsettle and challenge my prior assumptions/beliefs/ experiences/skills/ knowledge?



Abstract Conceptualization (A. C.)

NAMING IDEAS, PATTERNS AND CONNECTIONS

- What does this experience mean/say to me?
 - personally/professionally
 - explore:
 - theoretical readings, articles, scholarship/research
 - biblical connections, stories, images, teachings
 - theological reflections... sin, grace, presence of God, hope & resurrection, incarnation, mission, ecclesiology, etc.
- social analysis questions: who is benefiting, who is missing, etc.
- ministry implications... boundaries, mutuality, role power